

Celebrate Farm to School

Ideas for School Food Service Directors

- Serve locally-grown foods on the salad bar, with signs to recognize farmers who grew them.
- Sponsor a taste test with several varieties of local apples. Have students vote on favorites.
- Set up a display of New York-grown fruits and vegetables served in a week's worth of school meals.
- Serve a *New York-Grown* meal, with foods all grown or produced in the state.
- Invite a chef to demonstrate at a staff meeting how to prepare a recipe using local food.

Ideas for Teachers

- Participate in the I Love NY Agriculture Contest or Agricultural Literacy week sponsored by New York Agriculture in the Classroom.
- Visit a local farm, farmer's market or farm stand.
- Prepare a classroom snack using local ingredients.
- Invite a farmer to talk about his/her farm.
- Invite a chef to demonstrate local food preparation.
- Research foods grown in New York State and in your county.
- Tour the cafeteria to see how staff members prepare local foods.
- Visit a school or community garden and identify all the foods growing there.

Ideas for Cooperative Extension

- Plan a community harvest dinner with New York-grown and produced foods.
- Sponsor a local foods cooking competition.
- Organize farm tour events.
- Create a directory of local farms and farmers' markets.
- Visit school classrooms to talk about local foods.
- Prepare local foods at a farmers' market, and offer samples.